FlyLady July 23-29, 2017

Worksheet created by Zully Hernandez

Daily Missions

- ☐ Mon: Sofa and chair diving
- ☐ Tue: Declutter living room
- ☐ Wed: 10 Min Dust frames, lamps
- ☐ Thu: Dust tops door, molding, windows
- ☐ Fri: Place something pretty

Habit of the Month

Swish and Swipe (wiping toilet, sink, and mirror in the bathrooms).

- ☐ Mon
- ☐ Tue
- ☐ Wed
- ☐ Thu
- ☐ Fri

Detailed Cleaning: Zone 5

- ☐ Clean cobwebs
- ☐ Clean windows
- ☐ Straighten bookcases
- ☐ Wash ornaments and knick-knacks
- ☐ Clean out end table
- ☐ Straighten closets/ drawers
- ☐ Wipe fingerprints from walls
- ☐ Polish furniture
- ☐ Clean out magazine racks
- ☐ Clean phone
- ☐ Clean under cushions
- ☐ Clean out fireplace
- ☐ Move furniture and vacuum
- ☐ Shampoo carpet

Morning Routine

	M	T	W	T	F
Dressed to shoes	☐	☐	☐	☐	☐
Make bed	☐	☐	☐	☐	☐
Empty dishwasher	☐	☐	☐	☐	☐
Reboot laundry	☐	☐	☐	☐	☐
Check calendar	☐	☐	☐	☐	☐
What's for dinner?	☐	☐	☐	☐	☐
Drink your water	☐	☐	☐	☐	☐
Declutter for 15 min	☐	☐	☐	☐	☐
Before bed routine	☐	☐	☐	☐	☐

Disclaimer: FlyLady.net is the brains behind the data on this worksheet. I made this printable to help me track the to-do lists and am providing it for free on ZullysWorld.com